



Annex B (english version)

Obligatory modules (theoretical/practical)

A	Foundations of IBPT	To clarify range and nature of the body approach in Psychotherapy: Basic methods and techniques of Intervention	80
	Working with The Self (<i>Gestalt</i>)	Acquire Knowledge and means in order to establish, to strengthen and to develop the capacity of encounter with oneself and "other"	60
	Pillar I of IBPT: The Competence-Compass	A model for successful self-navigation in life which integrates the body for supporting key competencies	20
	Basic medical Knowledge (a,b,c)	To learn to know and understand the human organism	40
	Developmental Psychology (d)	To learn to know different phases of development of the human Being as base for the elaboration of therapeutic strategies	20
B	Inner Impulse (Vegetotherapy)	To access marks of important events in order to integrate them on the levels of psyche and body	80
	Character	Identification of bodily structures which correspond to behaviour patterns, and strategies of intervention	80
	Models, Methods and Techniques of Psychotherapy (d)	Evolution and Now-a-days Perspectives of Psychotherapeutic intervention	40
	Psychopathology (a,b,c)	Identification of the principal pathologies and criteria for their differential diagnostics	40
	Pillar II of IBPT: Interpersonal Intelligence	Perspectives on the development of motives and personality in interaction with caregivers and partners	20
C	Epistemology of IBPT	To insert IBPT in different realms of knowledge	20
	Ethics of Touch	Conscientialize about the potential and risks of touch in the therapeutic relationship	20
	Pillar III of IBPT: Integral Practices	Development of competencies for self-growth and volitional efficiency	20
	Shock Trauma	Access traumatic Situations and learn methods to Resolve them	40
D	Psycho-Energetics	Develop methods and techniques to active blocked energy directing it towards pleasure	80
	Pillar IV of IBPT: Integral Interventions	Levels of therapeutic relationships, major types of interventions and relational practices	20

Equivalences are given automatically to (a) physicians, (b) nurses, (c) physiotherapists, (d) psychologists.